PRESS RELEASE



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Northern Freegold Completes 2016 Exploration at Freegold Mountain, Yukon

Vancouver, BC: September 27, 2016 – Northern Freegold Resources Ltd. (TSX-V: NFR) http://www.northernfreegold.com announces that the 2016 exploration program at Freegold Mountain, Yukon has been successfully completed.

Tinta Hill Deposit - Magnetic and VLF-EM Geophysical Survey and Geochemical Soil Survey

Northern Freegold has completed a 70-line km magnetic and VLF-EM geophysical survey as well as a 10-line km (approx.) of multi-element geochemical soil survey at the Tinta Hill deposit. Geophysical data is being interpreted by the Company's geophysical consultants and soil samples have been delivered to the lab for analysis. Results will be released once they are received and interpreted by the Company. The Tinta Hill Deposit is a structurally controlled, polymetallic low to intermediate sulphidation epithermal system. The main Tinta vein hosted deposit has been the dominant target for exploration since its discovery in 1930. There are also three other known veins in the immediate area that remain underexplored and warrant follow up work. The 2016 field program will provide additional geophysical and geochemical coverage outside of the main deposit with the objective of defining trench and/or diamond drill targets. The Tinta Hill exploration program is being funded in part by a Yukon Mineral Exploration Program (YMEP) grant.

Nucleus and Revenue Deposit – Define Paragenetic Sequence to Better Target Mineralization

Exploration crews spent roughly three weeks in the field conducting geological mapping and re-logging select drill core. While the field portion of this work is complete, lab work is ongoing. Results from this work will be reported later this fall when completed. The primary objective of this work is to define a paragenetic sequence to better target the porphyry style mineralization. This information will be utilized to guide future drill programs which will target higher-grade mineralized zones.

Freegold Mountain – A 198 Sq. Km. Project with Road Access

The Freegold Mountain project is located within the Dawson Range and covers an area in excess of 198 square km (75 square miles). The project has significant infrastructure advantages and is located only 200 km northwest of Whitehorse, the capital and industrial center of Yukon. It is road accessible from Whitehorse, along the main paved all-weather Klondike Highway, then along the 70 km government maintained Freegold Road from Carmacks. This road currently terminates near the Company's Revenue camp, providing road access to the Nucleus, Revenue and Tinta deposits as well as most of the mineralized showings on the property. Commercial electrical grid power (138kv) is available at Carmacks and Stewart Crossing with a spur electrical line extending into the Minto copper mine 30 km north of the Freegold Mountain project.

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Three Significant Mineral Deposits at Freegold Mountain

The Freegold Mountain property covers a fertile and very prospective segment of the Big Creek Fault Zone and is endowed with three significant mineral deposits and numerous showings, which represent porphyry-epithermal systems related to Mid- and Late-Cretaceous magmatic events. The Late-Cretaceous event, defined by Allan et al. 2013 and Bineli, 2011, has been recognized on the Freegold Mountain property to span at least 5 Ma (79 Ma – 74 Ma). This event is responsible for the emplacement of the Stoddart (porphyry) prospect and both the Revenue (porphyry) and Nucleus (porphyry-skarn-epithermal) deposits, as well as numerous other showings including the recently discovered Irene (epithermal) prospect. These porphyry-hydrothermal systems define an 8.0 km northwest trending fertile exploration corridor within the Big Creek Fault Zone. This work was supported by a contribution from the Yukon Mineral Exploration Program (YMEP).

NI 43-101 Disclosure

Paul Reynolds, B.Sc., P.Geo., President of Northern Freegold Resources Ltd., is the Qualified Person, as defined by NI 43-101, for the Freegold Mountain Project and has reviewed and approved the technical information in this release.

Burro Creek Property, Arizona

Northern Freegold announces that it has dropped the option on the Burro Creek property to better focus its efforts on the Freegold Mountain project.

About Northern Freegold

Northern Freegold is a growth oriented Canadian-based precious metals exploration and development company and is focused on creating value through the advancement of the district scale Freegold Mountain project in Yukon. For maps and detailed information, please visit our website at www.northernfreegold.com

On behalf of the Board of Directors

Signed "Paul Reynolds"
Paul Reynolds, President

For further information please contact:

Paul Reynolds, President Northern Freegold Resources Ltd. (604) 893-8757 John Anderson, Chairman Northern Freegold Resources Ltd. (604) 218-7400

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